



Currypool Equestrian

109 Currypool, Cannington, Bridgwater, Somerset TA5 2NH
Tel: 07835 579960 Email: currypoolequestrian@outlook.com

www.currypoolequestrian.co.uk

Currypool Equestrian as per the British Horse Society guidelines recommends clothing that is primarily safe and practical, and suitable for the given weather conditions.

Riding Hats

- You are required to wear your hat during any mounted, lungeing, leading or loading activities. Fixed peak hats are not permitted for cross-country riding, in line with British Eventing standards. Your hat must be correctly fitted and meet the current safety standards.
- Currypool Equestrian hats are all of current standard and undergo regular checks by qualified employees.

Hair

- For safety reasons hair of shoulder length or longer is tied back and a hairnet is worn when possible.

Legwear

- Jodhpurs/Breeches are trousers specially designed for riding; however a pair of strong trousers that allow easy movement without a seam on the inside leg will be suitable for beginners (seam can pinch your legs when in the saddle).
- Shorts, skirts, dresses or any non full length clothing item aren't appropriate for riding. As stated above the inside of the leg can become pinched when in the saddle

Footwear

- Boots should preferably have a smooth through sole and a small heel (no less than ½ inch high). This means there should be no break in the sole from heel to toe, so there is nothing to catch on the stirrup – otherwise, the rider could be dragged along in the event of a fall.
- Trainers are unsuitable for riding.
- Take care when wearing 'yard boots', as they may have a heavy tread that can become caught on the stirrup. This means the foot could become wedged or stuck in the stirrup – a serious implication if you are unseated.
- Always check that the pattern of the tread is offset, so the tread never goes all the way across the sole.

Gloves

- Gloves should be worn when riding, leading, lungeing or handling horses outside of a stabled environment to help you maintain control, minimise rope burns and help avoid your horse unintentionally becoming loose.

Jewellery, Piercings & False Nails

- All of the above within a practical environment can often cause injury or safety concerns, so for this reason it is advised that none are worn.
- If jewellery such as a new piercing cannot be removed then it should be covered eg: with a plaster

Please note that clients attending in unsuitable clothing will be declined the opportunity to ride to preserve client safety. No refunds will be given for this. Currypool Equestrian accepts no responsibility for any injuries caused as a result of not adhering to the above guidelines.

Please sign below to acknowledge you have read & understood the above & agree to follow our guidelines.

(Under 18 year olds signature required by parent/guardian)

Name _____ Signature _____ Date _____